

Nutrition Facts

18 servings per container

Serving size

1 bar

Amount Per Serving

Calories

130

% Daily Value*

Total Fat 4g **5%**

Saturated Fat 2g **10%**

Trans Fat 0.001g

Polyunsaturated Fat 0.401g

Monounsaturated Fat 1g

Cholesterol 10mg **3%**

Sodium 105mg **5%**

Total Carbohydrate 23g **8%**

Dietary Fiber 3g **11%**

Total Sugars 9g

Includes 8g Added Sugars **16%**

Sugar Alcohol 0g

Protein 3g **6%**

Vitamin D 0mcg **0%**

Calcium 24mg **2%**

Iron 1mg **6%**

Potassium 166mg **4%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.